Older Americans Act

“The Older Americans Act clearly affirms our nation's sense of responsibility toward the well-being of all of our older citizens. But even more, the results of this act will help us to expand our opportunities for enriching the lives of all of our citizens in this country, now and in the years to come.”

President Lyndon Baines Johnson
Older Americans Act (OAA)

• Passed in 1965 as part of President Lyndon Baines Johnson’s “Great Society” legislative initiative.

• Created for seniors to live at home and in the community with dignity and independence for as long as possible.

• South Carolina Department on Aging (SCDOA) was established by the Older Americans Act.
Older Adults in South Carolina

• About **one million** people over age 60 live in South Carolina

• Adults above the age of 60 are about one-fifth of the State’s population
The Gray Tsunami
Seniors Relocating in South Carolina

• SC ranks 4th for relocating senior retirees

• 155,000 people move to SC each year

• Over 50% of those new residents are above the age of 50

• People above the age of 85 are the fastest growing part of SC’s population

Kiplinger, September 26, 2019
Funding Cycle OAA

Federal Government
Administration for Community Living (ACL)

State Level
South Carolina Department on Aging (SCDOA)

Regional Partners
Area Agency on Aging (AAA)

Contracted Providers

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The Area Agencies on Aging (AAA)

- **Appalachian** (Anderson, Cherokee, Greenville, Oconee, Pickens and Spartanburg Counties)
- **Catawba** (Chester, Lancaster, Union and York Counties)
- **Central Midlands** (Fairfield, Lexington, Newberry and Richland Counties)
- **Lowcountry** (Beaufort, Colleton, Hampton and Jasper Counties)
- **Lower Savannah** (Aiken, Allendale, Bamberg, Barnwell, Calhoun and Orangeburg Counties)
- **Pee Dee** (Chesterfield, Darlington, Dillon, Florence, Marion and Marlboro Counties)
- **Santee Lynches** (Clarendon, Kershaw, Lee and Sumter Counties)
- **Trident** (Berkeley, Charleston and Dorchester Counties)
- **Upper Savannah** (Abbeville, Edgefield, Greenwood, Laurens, McCormick and Saluda Counties)
- **Waccamaw** (Georgetown, Horry and Williamsburg Counties)
Criteria for Services

• Adults need to be **above age 60** to be eligible for most of our services.

• Our agency does not “means” test.
Who Gets the Service?

Grandma Walton
(The Waltons)

Miss Ellie Ewing
(Dallas)
Supportive Services

• Supportive Services covers several programs which help seniors age in place. These programs include:
  • Information and Referral/ Assistance
  • In-Home Care (personal care, homemaker, chore, minor home repair)
  • Transportation
  • Legal Services

• An ASSESSMENT is conducted by to determine eligibility for supportive services.
Information and Referral/ Assistance

• The Program provides the public with current information on services in their communities, both inside and outside of the aging network.

• The Program refers members of the public to the appropriate services.
GetCare SC

- **GetCareSC** is a resource that allows seniors, caregivers, and adults with disabilities to search for service providers in their area.

- GetCareSC.com
Assessments

• Assessments are conducted to determine eligibility for OAA services.

• Assessments are conducted at the AAA level by trained assessors.

• The assessment is designed to be a holistic tool to help identify needs and barriers in order to help seniors age in place.
Home Care Services

• Personal Care (assistance with ADLs)

• Homemaker (light housekeeping)

• Chore (heavy housekeeping or essential yard work)

• Minor Home Repair

• These services may vary by region.
Transportation

• Group dining site transportation
• Medical transportation
• Essential shopping transportation
Nutrition Programs

- Group Dining Program
- Home Delivered Meal Program
Group Dining Program

• Provides healthy meals to seniors at no cost

• Normally, served at senior centers and nutrition sites five days a week

• Promotes socialization and reduces isolation
Home Delivered Meal Program

- Hot meals delivered daily
- Or frozen meals delivered weekly to homebound seniors
- Promotes socialization
- Meal deliveries serve as safety checks
Poll Question

What is the most popular meal served at a senior center?

a. Meatloaf  
b. Chicken  
c. BBQ  
d. Spaghetti
Family Caregiver Support Program

- Created in 2000 as the National Family Caregiver Support Program
- Title III-E funds are an exception of the 60 and over rule of the OAA.
  - Grants are for caregivers, who can be any age over 18.
  - Older Relative Caregiver and Seniors Raising Children program are targeted to people over the age of 55.
Family Caregiver Support

• There are **nearly 1 million** family caregivers in SC.

• Caregivers provide **millions hours of free services** to their chronically ill, disabled, or frail elderly loved ones annually
Poll Question

Family caregivers provide how many hours of free caregiving services to care recipients?

a. 108 million
b. 957 million
c. 737 million
d. 868 million
Family Caregiver Needs

- Family Caregivers are at high risk for stressors such as:
  - Mental
  - Emotional
  - Physical
  - Financial
Family Caregiver Support Program

- The Family Caregiver Support Program offers the following services:
  - Training
  - Support Groups
  - Counseling
  - Respite
  - Supplemental Services
  - Information Services
Who is eligible?

• Adult caring for someone who is frail (needing assistance with 2+ADLs) aged 60 or older.
• Adult caring for someone with Alzheimer’s disease or related dementia.
• Grandparents or relative caregivers (55 or older) raising a child under 18. (Seniors Raising Children Program)
• Persons (55 or older) caring for a disabled adult (18-59 years) known as “Older Adult Caregivers”.

JB
Assessment

• Holistic assessment aimed at identifying caregiver needs and available resources to help meet their needs.

• Addresses emotional, physical and financial aspect of caregiving.

• Addresses potential for social isolation as it relates to caregiving.

• Caregivers are assessed annually to measure changes in stressors related to caregiving.
Respite

• Respite is a short term break from caregiving duties.

• AAAs provide caregivers with vouchers utilize a home care agency or individual to care for their loved one in order to receive respite.

• The FCSP is a client-choice program, meaning the family selects the agency.

• Average voucher covers up to $1,500 of respite care annually.
Counseling and Caregiver Education

• Caregivers can receive caregiver education through programs like Powerful Tools for Caregivers, Dementia Dialogues, and even one-on-one training and education.

• Caregivers can receive counseling paid for through the FCSP for time-limited services.

• Support groups are either offered or caregivers can receive referrals for local support groups.
Supplemental Services (limited)

Designed to compliment caregiving
• Consumable Supplies (adult diapers, wipes, chuck pads)
• Home Modification/Repairs (ramps, hand rail repair, etc.)
• Legal/Financial Consultation
• Homemaker/Chore/Personal Care
• Transportation
• Nutrition Services (such as Boost/Ensure)
Seniors Raising Children

- Offer a variety of services* for seniors (55+) raising children (under 18)
  - Tutoring
  - Afterschool care
  - Summer Camps
  - School-related needs
    * vary by region
State Health Insurance Program (SHIP)

- Medicare options counseling.
- Personalized free in-depth insurance counseling and assistance for Medicare beneficiaries and their families.
- Assist Medicare beneficiaries who are new to Medicare, needing assistance during annual election period, and help to resolve billing issues.
- Funded by HHS and ACL.
Senior Medicare Patrol (SMP)

- Empowers and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report healthcare fraud, errors, and abuse.
Poll Question

What do you think is SCDOA’s most requested service?

a. Home delivered meals
b. Treatment for bedbugs
c. Transportation
d. Meals at senior centers
How do you access SCDOA services?
Call:

• South Carolina Department on Aging
  (800) 868-9095
  (803) 734-9900
• Regional AAA where you reside
The Area Agencies on Aging (AAA)

**Appalachian:** (864) 242-9733  
Counties served: Anderson, Cherokee, Greenville, Oconee, Pickens and Spartanburg

**Catawba:** (803) 329-9670  
Counties served: Chester, Lancaster, Union and York

**Central Midlands:** (803) 376-5390  
Counties served: Fairfield, Lexington, Newberry and Richland

**Lowcountry:** (843) 473-3991  
Counties served: Beaufort, Colleton, Hampton and Jasper

**Lower Savannah:** (803) 649-7981  
Counties served: Aiken, Allendale, Bamberg, Barnwell, Calhoun and Orangeburg

**Pee Dee:** (843) 383-8632  
Counties served: Chesterfield, Darlington, Dillon, Florence, Marion and Marlboro

**Santee Lynches:** (803) 775-7381  
Counties served: Clarendon, Kershaw, Lee and Sumter

**Trident:** (843) 554-2275  
Counties served: Berkeley, Charleston and Dorchester

**Upper Savannah:** (864) 941-8069  
Counties served: Abbeville, Edgefield, Greenwood, Laurens, McCormick and Saluda

**Waccamaw:** (843) 546-8502  
Counties served: Georgetown, Horry and Williamsburg
Questions?
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